



SMILES REPLACING SURGERY



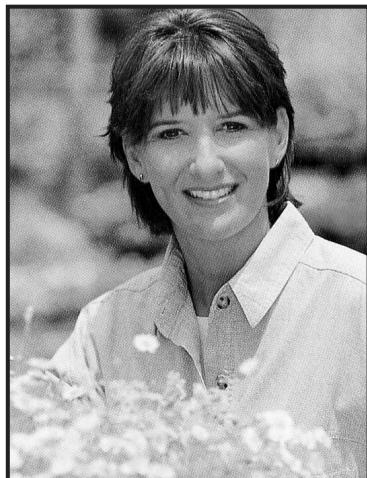
**By: Steven D. Spitz, DMD
Prosthodontist/Dental
Implant Specialist**

bone immediately begins to resorb and the surrounding teeth begin to move. For example, visualize a bookcase, securely end-to-end with books. As a single book is removed, from any location, over time gravity will cause the remaining books to lean toward the space. The placement of an implant will prevent that movement as well as continue to stimulate the bone, especially if a tooth has been missing for a period of time.

As the bone resorbs there is a loss of muscle attachment and may result in the skin appearing 'saggy'. In this respect, replacing the tooth into the bone with a dental implant allows the muscle to become stronger and the bone to revitalize. This allows the facial skin to expand looking smoother.

Fashion and beautiful smiles have now become synonymous; not only with each other, but also with personal health, financial ability and education. However, in many cases, the concept of a *beautiful smile* includes only those teeth that can be seen. Often, missing a tooth in the back of the mouth is *out of sight out of mind* and may not be a concern. If others cannot see it, it does not matter.

Once these teeth are missing, the facial structure begins to change and the thought of facial cosmetic surgery becomes the initial option. However, there are various dental options available that will make a distinct difference in the facial structure of an individual in conjunction with, or in lieu of, traditional cosmetic surgery. The placement of dental implants is one that has the most distinct impact.



Another dental option over cosmetic surgery is the look of fuller lips. Patients that have had collagen injections placed in the lips to have them shaped in a way as to show more teeth when speaking. As it turns out making the naturally small teeth longer with porcelain veneers allows the look with a more permanent effect. The look with the veneers is more natural and for about the same amount of money, the veneers will last for years.

As well, lips and cheeks have the tendency to sag with time. Over the years,

“There are various dental options available that will make a distinct difference in the facial structure of an individual in conjunction with, or in lieu of, traditional cosmetic surgery.”

teeth are naturally worn down and become shorter while the elasticity of the lips begins to deteriorate. This causes the teeth to become shorter and the upper lip to cover over the teeth. Building up the jaw bone and/or elongating the teeth removes wrinkles and revitalizes that youthful look creating the illusion of a facelift while strengthening the bone for years.

As individuals have the desire to change their look and would tend to seek the assistance of the plastic surgeon, dental options may be a better alternative. Reshaping or replacing teeth could eliminate the need for many facets of facial surgery.

For more information or to schedule a consultation, please contact Dr. Spitz at 617-437-1060.

Publisher's Note

I recently had some work done on my teeth by Dr. Spitz, and nobody has ever gone to such efforts to make me feel as comfortable and relaxed. He genuinely cared about my entire well-being rather than simply going through the motions to get me out of the chair as quickly as possible. If you are as nervous as I am about seeing the dentist, I highly recommend seeing Dr. Spitz for your next appointment.



“Confidence begins with a great smile.”



Steven D. Spitz, DMD is the proprietor of Smile-boston Cosmetic and Implant Dentistry in Boston, a Prosthodontist and a dental implant specialist. Dr. Spitz, co-founded the Institute of Advanced Laser Dentistry and co-invented the Perfect-Fit™ Laser Implant Surgical Guide (patent pending). He has lectured nationally and internationally on the advanced applications of lasers and implant dentistry. At the 2004 World Clinical Laser Institute symposium, Dr. Spitz received the "Award for Leadership and Outstanding Contributions in Advancing Dentistry Through Laser Technology."

Dr. Spitz has the ability, education, and training to complete the surgical and aesthetic phases of dental implant treatment. Having been trained surgically in the placement of various types of dental implants and as a Prosthodontist has allowed Dr. Spitz to treat individuals that have been told dental implants will not work for them.

Dr. Spitz, who treats all facets of dentistry, welcomes your questions.

Office: 617 437 1060

Email:

Smileboston@verizon.net

Website::

www.smileboston.net

smileboston

new england cosmetic & implant dentistry